

Welcome to Pasadena City College!

College 1: First Year Seminar

You are to be commended for joining the First Year Experience (FYE) program, an intensive program designed to support your success!

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OFFICE HOURS: We hope you will visit during our office hours (individually or with friends)
Rose: M-Th, 4:00-4:30 It's a chance to talk about the course, assignments, study strategies, or whatever else you'd like to discuss. Let us know if these times don't work so that we can make an appointment for another time.
Hogan: W, 1:00-2:15

If you need accommodations to meet course objectives because of a documented disability, please make an appointment to discuss your needs so that we can ensure your full participation in class and fair assessment of your work.

COURSE DESCRIPTION: College 1 is designed to introduce the science of student success to improve students' learning in academic disciplines. The course will focus on topics related to first year college students' transition to college. By exploring academic research into success factors, you will become a more self-regulated learner as you get involved in campus life at PCC.

The course requirements will be academically and personally challenging yet accomplishable. We are confident you will grow as a learner this semester and that you will experience success now and in the future. You can expect this semester to be filled with lively discussions, engaging activities, and challenging assignments.

COLLEGE 1 STUDENT LEARNING OUTCOMES:

1. Analyze external and internal motivating factors of successful college students.
2. Develop an understanding of intelligence as dynamic in order to sustain the effort required for college level work.
3. Compare the effectiveness of a variety of study skills.
4. Evaluate and analyze print and online resources related to the attitudes and behaviors of successful college students.

REQUIRED TEXTBOOKS: *The Immortal Life of Henrietta Lacks* by Rebecca Skloot

This book is PCC's 2012 One Book, One College selection; it will be taught in every section of College 1. This bestselling journalistic narrative about a poor black tobacco farmer whose cells—taken without her knowledge in 1951—became one of the most important tools in medicine, should provide inspiration for rich, equity-focused, interdisciplinary inquiry projects.

For more information about PCC's One Book, One College Program, please visit <http://1book1college.pccproject90.org>.

***Mindset: The New Psychology of Success*, by Carol S. Dweck, Ph.D.**

This book is a must read for anybody embarking on a new phase of life—like starting college! Carol Dweck, a professor of Psychology at Stanford, has shown that our mindset towards learning is a more important predictor of success than any other factor. What's more, her scientific brain research has proven that our brains are no different than our biceps when it comes to their capacity to grow stronger with exercise. In other words, this book is a cornerstone of “the science of student success”—it argues that human potential is infinite if you are willing to learn and grow from your mistakes.

Additional texts will be posted to our Canvas site. Also, in addition to the books and articles that we have provided, we will be learning how to find and interpret academic articles from our library databases on topics related to success in college.

**COURSE
REQUIREMENTS:**

Every class session and course assignment has been designed for students to successfully accomplish the learning outcomes. Therefore, class activities and assignments are developed to contribute to high achievement and to help students practice effective learning and study strategies linked directly to their courses. To that end, this course requires students to attend class, actively participate, and complete all homework assignments.

ATTENDANCE: Students who attend class daily, on time, and come prepared are more likely to succeed. At the start of class, have your materials out and your homework done, and be ready and willing to participate.

If you must be absent, it is your responsibility to find out the material you missed and the assignments that are due. Find out the contact information of *at least* two classmates.

PCC policy states 3 tardies = 1 absence, after two absences you can be dropped, and if you are dropped from (or you drop) College 1, then you can also be dropped from the FYE program.

GRADING:

Personal portfolio: a series of in and out of class personal reflections as well as analysis of research articles as they relate to your goals. **(40% of your grade)**

The major assignments that will help you build this portfolio are:

10%--Reader's Journal (Reader Response Journals, Freewrite Reflections, Double Entry Journals, and a Final Reflection on yourself as a reader)

10%--Service Learning/ Community Engagement Project

10%--Group Project #1: Team teaching a Chapter of *Mindset* to your peers

20%--Group Project #2: FYE student conference poster session (includes research and reading to create an annotated bibliography)

10%--Event Attendance (preparation for, attendance at, and written reflection on the FYE Speaker Series events)

Please reserve the following dates and times for the FYE Speaker Series events:

Thursday, November 1, 12:00-2:30—Luis Rodriguez—Rushing Waters, Rising Dreams—Sexson Auditorium

Friday, November 16, 9:00-5:00—FYE Student Conference—Creveling Lounge

Friday, November 16, 6:00-8:00—TBA

Check the One Book, One College Website for further events as they are posted.

ACADEMIC HONESTY:

All students must be in complete compliance with the Pasadena City College policy on academic honesty. No cheating of any type will be tolerated. Any student behaving in an inappropriate manner will receive a failing grade for the semester and may be removed from the FYE program.

TOLERANCE:

In a class like ours, where all students are asked to share their writing and ideas, it is essential that we all support an atmosphere of tolerance and respect. Everybody should feel able to speak and everybody should be willing to listen. While we invite and encourage debate and differences of opinion, hateful or malicious commentary can not be tolerated.